

Newsletter

April, 2023



Ongoing Training

Suicide Prevention Course

- QPR: Question, Persuade, Refer
 - We strongly urge you to take part in the QPR on-line training course to learn how to help your community
 - **Please DO NOT forward this link. Training is for Putnam County MRC volunteers only**
 - Email your certificate to stacey.gussak@putnamcountyny.gov

Survey

2023 MRC Training Interest Form

- We want your input on the type of courses you want to see! Please complete the linked survey on MRC Trainings by May 5th. Click here to complete: [MRC Training Interest Form](#)

PCDOH in the News

[Putnam County Takes Top Spot Among Healthiest Counties in New York State](#)

Why I Joined the MRC

Featuring: Nona Malaguit



I have been connected with community service all my life. My mother was a Public health nurse and my father was a public school teacher. As a nurse I did several medical missions in the Philippines. It was very rewarding.

In 2006 my son had a ski accident that made him wheelchair bound. We were devastated. The Brewster townspeople rallied around us. St Lawrence O Toole Church and Brewster Schools did fund raising. Knights of Columbus and countless organizations helped us. I was blown away and began to believe that people are naturally good when given a chance.

One day I stumbled into an organization named MRC. Being a nurse I know that this is a good fit for me. I can finally have the chance to give back to the community that have supported my son and family.

Thank you Brewster

Thank you MRC



Message from our Preparedness Coordinator

I was fortunate to attend the MRC Regional Workshop in Richmond, Virginia from March 14-15. The workshop was sponsored by the National Association of County and City Health Officials (NACCHO) for Region 1 – 3 MRC Coordinators. Our MRC is part of Region 2 which is comprised of NY, NJ, Puerto Rico and the Virgin Islands. There were about 120 attendees, and I got to network with fellow MRC Coordinators from Massachusetts, New Hampshire, New Jersey and Puerto Rico.

The workshop was jampacked over 2 days. On day 1, I attended lectures that focused on Volunteer Management Recruitment, Retention & Deployment Strategies, Developing Unit Training Plans and Strategies on How to Develop a Strategic Plan (e.g., Road Map) for our unit.

On day 2, we participated in a “table-top” exercise. Dealing with a hurricane scenario, we had to “talk-through” procedures for pre-deploying, deploying and post-deploying volunteers to assist in the response and recovery aspect. In Putnam, we have not used volunteers in this type of emergency. As everyone knows, our MRC volunteers were instrumental in the COVID response. However, discussing different scenarios and putting checklists in place are important planning tools. Needless to say, I came back from Richmond with a lot of great information we can use for our unit.

~ **Connie Bueti**

Save the Date: 2023 MRC Conferences



Putnam County Medical Reserve Corps Conference

Full day event at
Centennial Golf Club
Carmel, NY

More information to follow