




Office for Senior Resources
Carmel Friendship
March 2024 — Menu

Carmel...808-1701 Mahopac...808-1738 Cold Spring...265-3952 Putnam Valley...808-1730

For more information
about our Programs &
Services, please call
(845) 808-1700 x47100
Visit our website at
putnamcountyny.com/osr

Mon	Tue	Wed	Thur	Fri
				1 SOUP VEGGIE FRITTATA HASH BROWN PATTY STEWED TOMATOES MARBLE RYE SOURDOUGH BREAD MELON
4 SOUP BAKED HAM W/ RAISIN SAUCE SWEET POTATO BRUSSEL SPROUTS CLEMENTINE	5 SOUP FRENCH DIP SANDWICH BROCCOLI SALAD APPLE	6 SOUP SALMON W/ DILL SAUCE OR CHEESE PIZZA OVEN ROASTED POTATOES GREEN BEANS ALMONDINE BIRTHDAY TREAT	7 ROAST TURKEY W/ GRAVY MASHED POTATOES PEAS AND MUSHROOMS GRAPES	8 SOUP MANICOTTI W/ TOMATO SAUCE TOSSED SALAD GARLIC KNOT PEAR
11 SOUP OVEN FRIED CHICKEN MACARONI AND CHEESE SUGAR SNAP PEAS BANANA	12 SOUP SWEET AND SOUR PORK BROWN RICE PILAF ASIAN SPINACH MELON	13 ST. PATRICK'S LUNCHEON PUTNAM COUNTY GOLF COURSE SITE CLOSED / HOME DELIVERED MEALS WILL BE DELIVERED	14 SOUP MEATLOAF W/ MUSHROOM GRAVY ORZO PRIMAVERA HARVARD BEETS APPLE	15 SOUP POTATO CRUSTED POLLOCK OR CHEESE PIZZA SWEET POTATO TOTS MIXED VEGETABLES VANILLA PUDDING W/ CINNAMON
18 SOUP SHEPHERD'S PIE CUCUMBER & TOMATO SALAD KEY LIME PIE	19 SOUP HONEY LEMON CHICKEN SCALLOPED POTATOES FRENCH CUT GREEN BEANS FRESH ORANGE	20 SOUP SALMON W/ LEMON GLAZE OR CHEESE PIZZA BAKED POTATOW/ SOUR CREAM GARDEN SALAD	21 SOUP ROAST PORK W/ GRAVY MASHED SWEET POTATOES & APPLES MIXED VEGETABLES CLEMENTINE	22 SOUP SPINACH MUSHROOM QUICHE OVEN BROWNED POTATOES SUNSHINE CARROT SALAD MELON
25 SOUP ROAST BEEF W/ GRAVY NOODLES CARROTS COCONUT CUSTARD PIE	26 SOUP PULLED PORK ON BUN CORN NIBLETS PASTA SALAD GRAPES	27 SOUP OPEN FACED TUNA MELT MACARONI AND BEAN SALAD FRUITED JELLO	28 SOUP CHICKEN LOUIE OVEN ROASTED POTATOES ITALIAN STYLE SPINACH PINEAPPLE	29 SOUP EGGPLANT PARM SPAGHETTI W/ MARINARA CAPRI MIXED VEGETABLES GARLIC KNOT PEAR

SUGGESTED CONTRIBUTION FOR MEALS \$2.50.....\$3.00 HOME DELIVERED MEALS! MENUS ARE SUBJECT TO CHANGE!
NO HOME DELIVERED MEALS WHEN ALL SITES ARE CLOSED!