



Office for Senior Resources Mahopac Koehler Senior Center

JUNE 2026 ~ (845) 808-1738

Open: Mondays-Fridays 9:00 am – 2:00 pm

June Activities:

Monday

Bingo/cards/billiards
 10:00 am Tai Chi w/ Dave Levy
 10:00 am Ceramics
 11:00 am Garden Club
 11:00 am Putnam Senior Corps
 Song & Dance Team
 12:30 pm BINGO
 12:30 pm Cardmaking w/Cheryl
 (June 15th)
 12:30 pm Rummikub (Exercise Rm)

Tuesday

Bingo/cards/billiards
 10:00 am Exercise w/ Sue
 10:00 am Watercolor Group
 11:00 am Book Club (June 30th)
 12:30 pm BINGO
 12:45 pm Chair Yoga w/ Anne

Wednesday

Bingo/cards/billiards
 10:00 am Exercise w/ Pauline
 10:45 am Arts & Crafts w/ Anne
 11:00 am Exercise w/ Pauline
 12:30 pm Rummikub (Craft room)
 12:30 pm Mahjong (Exercise Rm)
 12:30 pm BINGO

Thursday

Bingo/cards/billiards
 10:00 am Drawing and Watercolor
 10:10 am Zumba Gold w/Theresa
 (cancelled June 4, 11, 18)
 11:00 am Chair Zumba w/Theresa
 (cancelled June 4, 11, 18)
 12:30 pm BINGO

Friday

Bingo/cards/billiards
 10:00 am Knitting Group
 10:00 am Piano Sing-Along
 10:30 am Cell phone/tablet
 Computer walk-in
 11:00 am Line Dancing w/ Rich
 12:30 pm BINGO

On-line exercise classes and call-in activities are available. Please contact 845-808-1700 to register.

On-line Exercise Classes

(Using the Microsoft TEAMS App):

Mondays @ 10:00 am – Chair Yoga w/ Lucy Conway
 Thursdays @ 10:00 am – Tai Chi w/ Kim Cercena

Call-in Activities:

Wednesday, June 17 @ 3:00 pm – BOOK CLUB

Tuesdays @ 3:00 pm – Trivia w/ Sally Jo

Fridays @ 2:00 pm – Coffee & Convo w/ Miriam

NEW – On-line Caregivers Support Group Meeting

(Using the Microsoft TEAMS App):

Thursday, June 18th @ 2:00 pm

To register, please contact Lynne Cabiati

845-808-1700 ext. 47113

June/ Special Events

June 2 - **NYS Citizen Preparedness Corps**
 @ 10:45 w/ CPT Kyle Kilner

June 5 - **Farmer's Market w/ Cornell Coop. Ext.**
 @ 11:00 w/ Josephine Quiocho,
 SNAP Ed Nutrition Coordinator

June 10 - **Annual Senior Picnic @ Veterans Memorial Park 10:00-2:00**
 All sites closed – Home Delivered Meals **will be** delivered.

June 19 - **Juneteenth Holiday**
ALL SITES CLOSED – No Delivery of Home Delivered Meals

June 25 - **Brain Fitness w/ Mike @ 10:00**

June 25 - **Caregivers Support Group @ 11:45**

Upcoming Event:

Falls Prevention Week - September 21st-25th

Rides to doctor appointments are available through our Demand Response Medical Transportation Program. For information call Vanessa at 845-808-1700 ext. 47104.

To know about delays or cancellations in the event of inclement weather, please call 845-808-1700/press 0 or look out for Senior Blast notifications.