




Office for Senior Resources Carmel Friendship Center



For more information about our Programs & Services, please call (845) 808-1700 x47100 or visit our website at putnamcountyny.gov/osr

June 2026 — Menu

Carmel...808-1701 Mahopac...808-1738 Philipstown...808-1705 Putnam Valley...808-1730

| Mon | Tues | Wedn | Thurs | Fri |
|--|--|---|---|---|
| 1 SOUP EGGPLANT PARM GARLIC GREEN BEANS GARLIC KNOT PINEAPPLE | 2 NATL ROTISSERIE CHICKEN DAY SOUP ROTISSERIE FLAVORED CHICKEN CAPRI VEGETABLES SCALLOPED POTATO BANANA | 3 SOUP LEMON DILL SALMON BROCCOLI BROWN RICE PILAF WATERMELON | 4 NATL CHEESE DAY TOMATO BASIL SOUP GRILLED CHEESE GARDEN SALAD GRAPES | 5 SOUP FRENCH DIP ROASTBEEF SANDWICH STEAK FRIES CARROTS APPLE |
| 8 SOUP CHICKEN SALAD W/ GRAPES & APPLES ITALIAN PASTA SALAD PINEAPPLE | 9 SOUP PULLED PORK SANDWICH COLE SLAW BIRTHDAY TREAT | 10 ANNUAL SENIOR PICNIC All sites closed. HOME DELIVERED MEALS will be delivered. | 11 SOUP SHRIMP SKEWERS PINEAPPLE & COCONUT RICE CALIFORNIA BLEND VEGETABLES CLEMENTINE | 12 NATIONAL FALAFEL DAY SOUP FALAFEL TZATZIKI SAUCE MINTED COUSCOUS CUCUMBER SALAD |
| 15 SOUP MEATBALL PARM WEDGE MARINARTED VEGETABLES CANTALOUPE | 16 SOUP CHICKEN LOUIE POTATO O'BRIEN BRUSSEL SPROUTS BANANA | 17 SOUP SPAGHETTI W/ WHITE CLAM SAUCE TOSSED SALAD GARLIC KNOT HONEYDEW | 18 SOUP ROAST PORK W/ ONIONS BAKED POTATO W/ SOUR CREAM CAULIFLOWER W/ PARSLEY PEAR | 19 CLOSED for HOLIDAY All sites closed. No delivery of Home Delivered Meals. |
| 22 SOUP OPENED FACED CHICKEN MELT CAPRESE PASTA SALAD FRESH BERRIES | 23 SOUP MANICOTTI TOSSED SALAD GARLIC KNOT GRAPES | 24 SOUP SALMON W/ CITRUS COMPOUND BUTTER FRUITED RICE PILAF CAULIFLOWER CLEMENTINE | 25 SOUP ROASTED TURKEY BREAST W/ GRAVY MASHED POTATO VEGETABLE BLEND APPLE | 26 SOUP SLOPPY JOE MARINTAED VEGETABLES SWEET POTATO TOTS FIG NEWTON |
| 29 SOUP TURKEY CHILI RICE PEAS & ONIONS BANANA | 30 SOUP MAUI ISLAND CHICKEN SANDWICH FARM FRESH VEGETALBES PINEAPPLE |  | SUGGESTED CONTRIBUTION FOR MEALS IS \$3.00. NO HOME-DELIVERED MEALS WHEN SITES ARE CLOSED. | Menus are subject to change. Some substitutes are available for main dish upon request. Please ask Site Manager when you arrive at site. |