

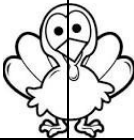


Office for Senior Resources William Koehler Senior Center

November 2026 — Menu

Carmel...808-1701 Mahopac...808-1738 Philipstown...808-1705 Putnam Valley...808-1730

For more information
about our Programs &
Services, please call
(845) 808-1700 x47100
Visit our website at
putnamcountyny.gov/osr

Mon	Tue	Wed	Thur	Fri
2 SOUP SHEPHERD'S PIE SPINACH SALAD APPLE	3 SOUP SAUSAGE LASAGNA GARDEN SALAD GARLIC KNOT BANANA	4 SOUP LEMON DILL SALMON ROASTED POTATOES BUTTERNUT SQUASH DICED MANGO & DRAGON FRUIT	5 SOUP CHICKEN ALFREDO LINGUINI ROASTED BROCCOLI PEAR	6 SOUP EGGPLANT PARM PENNE BRUSSEL SPROUTS ORANGE
9 SOUP BALSAMIC CHICKEN W/ ROASTED RED PEPPERS & MOZZARELLA ON A ROLL SWEET POTATO TOTS CAPRI VEGETABLES GRAPES	10 SOUP CHEESE MANICOTTI W/ TOMATO SAUCE CAPRI MIXED VEGETABLES BIRTHDAY TREAT	11 CLOSED FOR HOLIDAY THANK YOU TO OUR VETERANS  All sites closed. No delivery of Home Delivered Meals.	12 SOUP BUTTER CRUMB COD SPANISH RICE OR CHEESE PIZZA PEAS BANANA	13 SOUP TURKEY CRANBERRY ON A KAISER ROLL SPINACH SALAD PINEAPPLE
16 SOUP BEEF STROGANOFF EGG NOODLES BUTTERNUT SQUASH PEACHES	17 SOUP TURKEY APPLE BACON BURGER SWEEP POTATO NUGGETS PEAS AND CARROTS FRESH PEAR	18 SOUP CITRUS ROASTED SALMON ORZO ASPARAGUS APPLE	19 SOUP PORK CACCIATORE PENNE W/ TOMATO SAUCE SLICED YELLOW SQUASH CHOCOLATE PUDDING	20 SOUP FRENCH DIP SANDWICH OVEN FRIES GARLIC GREEN BEANS CLEMENTINE
23 SOUP CHEESEBURGER BAKED BEANS CUCUMBER SALAD MANDARIN ORANGE	24 ROAST TURKEY W/ GRAVY STUFFING FRESH YAM GREEN BEANS ALMONDINE PUMPKIN PIE	25 VEGETABLE FRITTATA HASHBROWN PATTY STEWED TOMATOES GINGERBREAD COOKIE	26 CLOSED FOR HOLIDAY HAPPY THANKSGIVING All sites closed. No delivery of Home Delivered Meals. 	27 CLOSED FOR HOLIDAY HAPPY THANKSGIVING All sites closed. No delivery of Home Delivered Meals
30 SOUP BAKED FISH ORANGE RICE PILAF GREEN BEANS PEACHES		Menus are subject to change. Some substitutes are available for main dish upon request. Please ask Site Manager when you arrive at site.	30 Meals meet dietary guidelines of one-third DRIs, as certified by a dietitian.	

VOLUNTARY SUGGESTED CONTRIBUTION FOR MEALS \$3.00. NO HOME-DELIVERED MEALS WHEN SITES