



Office for Senior Resources Carmel Friendship Center



March 2026 — Menu

Carmel...808-1701 Mahopac...808-1738 Philipstown...808-1705 Putnam Valley...808-1730

For more information about our Programs & Services, please call (845) 808-1700 x47100 Visit our website at putnamcountynyny.gov/osr

Mon	Tues	Wedn	Thurs	Fri
2 NATIONAL BANANA CREAM PIE DAY SOUP BBQ CHICKEN THIGH CORN ON COB COLE SLAW BANANA CREAM PIE	3 NATIONAL COLD CUT DAY SOUP PASTRAMI ON RYE PASTA SALAD CLEMENTINE	4 SOUP LEMON DILL SALMON RICE PILAF DICED CARROTS APPLE	5 SOUP ROAST PORK WITH ONIONS SWEET POTATO NORMANDY VEGETABLES BANANA	6 SOUP MANICOTTI GARDEN SALAD PEAR
9 NATIONAL MEATBALL DAY SOUP MEATBALL WITH MARINARA PENNE PASTA ROASTED BROCCOLI PINEAPPLE	10 SOUP BALSAMIC CHICKEN BREAST BROWN RICE PILAF GLAZED CARROTS FRUITED JELLO	11 ST. PATRICK'S DAY PARTY! (SITE CLOSED/HOME-DELIVERED MEALS WILL BE DELIVERED)	12 SOUP TURKEY CHILI RICE VEGETABLE BLEND MELON	13 SOUP BROCCOLI FRITTATA TOMATO AND ZUCCHINI HASHBROWN ORANGE
16 SOUP CHICKEN SHAWARMA LEMON ORZO CARROTS ORANGE	17 HAPPY ST. PATRICK'S DAY CORNED BEEF CABBAGE RED POTATO IRISH SODA BREAD	18 SOUP BRAISED BEEF W/ MUSHROOMS OVER EGG NOODLES BRUSSEL SPROUTS PEAR	19 SOUP SLICED TURKEY ON WHEAT BASIL MAYO THREE BEANS SALAD CANTALOUPE	20 SOUP POTATO CRUSTED POLLOCK SCALLOPED POTATO WINTER BLEND VEGETABLES BANANA
23 SOUP HONEY LEMON CHICKEN BREAST ROSTED POTATOS PEAS AND MUSHROOMS CLEMENTINE	24 NATIONAL CHEESESTEAK DAY SOUP CHEESESTEAK ON HOAGIE ROLL SWEET POTATO TOTS GREEN BEANS BIRTHDAY TREAT	25 OPENING DAY BASEBALL SOUP HOT DOG ON BUN BAKED BEANS SAUERKRAUT CRACKER JACKS	26 SOUP ROASTED TURKEY W/ GRAVY CRANBERRY SAUCE STUFFING CAPRI VEGETABLES HONEYDEW	27 SOUP SPINACH QUICHE CUCUMBER & TOMATO SALAD PINEAPPLE
30 SOUP EGGPLANT PARM MARINARA SPAGHETTI GARLIC GREEN BEANS PEAR	31 SOUP FRENCH DIP ROAST BEEF SANDWICH STEAK FRIES BABY CARROTS GRAPES	SUGGESTED CONTRIBUTION FOR MEALS \$3.00. NO HOME-DELIVERED MEALS WHEN SITES ARE CLOSED.	Menus are subject to change. Some substitutes are available for main dish upon request. Please ask Site Manager when you arrive at site.	