

Putnam Veterans SITREP

AN E-MAIL SITUATION REPORT (SITREP) OF THE PUTNAM COUNTY VETERANS SERVICE AGENCY

Diary of a Horse skeptic

Dear Diary,

OK OK OK I am so excited Diary!!!! Remember Will Farrell banging on the cowbell and Christopher Walken exclaiming "I gotta have more cowbell". "I have a fever and the only prescription is more cowbell". Well I have a fever as well and the only prescription for me is more horses! Guardian Revival is filling that prescription with a G-Connect Experience called Harmony Horsemanship this Sunday. I will follow up with you Diary after the event. Yes I gotta a fever and the only prescription is more horses!



Diary you will have to wait for more about horses but there is so much I have to tell you. What a busy and exciting few weeks since Honor Flight!

I wrote a play many years ago and thanks to Alex Othmer and Megan Castellano we were able

to stage 2 performances of my play "With No Name On the Marquee" It is about when I was in the Army in Vietnam. My friend Jane Strong described it by saying the play was "in words what were that were poetic, gritty and compelling". Wow I hope everyone felt that way. Brian Freeman led the Guardian Encore musician in 60's music that enhanced the experience of the play. We hope to stage the play a few more times in the fall. Thanks Guardian Revival!

The Son's of the American Legion of Mahopac were kind enough to donate a sign that commemorates our Veterans residence. It is fitting that it properly honors the man who was most responsible for the creation of the Veterans Residence. Thank you Sons and thank you Senator Liebell.

We also took down the Row of Honor the week end after the 4th of July. Many people wished that we left them up through the summer until just after Veterans Day in November. To be honest Diary the

amount of flags that we have to retire if we leave them up that long is overwhelming. So fear not we will put them back up just prior to Veterans Day. A thanks and salute to all who helped take the flags down.

Last a couple of family notes that we at the Veterans Service Agency are proud to announce.

Kianna, our administrative Assistant's daughter Finished Pre school and Penelope will be entering Kindergarten in the Fall. Our intern Ella Graduated from High School and will be attending Salve Regina University in the fall. Deputy Director Art's son Brian was recently promoted to Colonel in the Army. Way to go Brian!!! Lastly My grandson Robert qualified and competed in the NYS High School State Championship throwing the discus. Way to go guys we are proud of all our family members!

Well Diary that's all for now...I wish you Horses!

Karl



Megan welcoming everyone and introducing the play & me. The Guardian Encore musicians ready to rock 60's tunes!



Sons of the Legion and Residents



HUDSON VALLEY RENEGADES GAMES

Join Guardian Revival, Vet2Vet, fellow guardians, and family & friends for a series of baseball games at Dutchess Stadium for the Hudson Valley Renegades. Food and (non-alcoholic) drinks will be provided, available starting at 6 pm.

Tues June 13, Thur July 20, Thur Aug 10

Gates open @ 6 pm ET | Game starts @ 7 pm ET

These are free events, but RSVP is required.

Open to veterans & first responders and families (kids welcome!).
Up to 4 tickets per guardian. Limited tickets available first come, first serve.



Guardian Revival is a New York State 501(c)(3) not-for-profit organization chartered to revive and preserve the mental health & well-being of veterans & first responders — our guardians — at no cost to them.

guardianrevival.org



GUARDIAN CONNECT

G-CONNECT JULY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 E No Name on the Marquee (Play)
2	3	4	5	6	7 B Veterans	8
9	10 B First Responders	11 E Mobility for Health	12	13	14 B Veterans	15
16 E Horsemanship Workshop	17	18 E Writing Workshop	19 E Art Workshop	20 E Renegades Game	21	22
23	24 B First Responders	25 B Women Guardian	26	27	28 B Veterans	29
30	31					

E G-CONNECT EXPERIENCES

Opportunities for recreation, learning, discussion, and connection.

NO NAME ON THE MARQUEE (PLAY)

Sat 7/1 @ Beacon HQ

MOBILITY FOR HEALTH

Tues 7/11 via Zoom

HORSEMANSHIP WORKSHOP

Sun 7/16 @ Dover Plains

WRITING WORKSHOP

Tues 7/18 via Zoom & in-person @ Mahopac Library

ART WORKSHOP

Wed 7/19 @ Carmel

RENEGADES GAME

Thur 7/20 @ Dutchess Stadium

B G-CONNECT GATHERINGS

Peer support - by guardians, for guardians, with guardians.

VETERANS (VET2VET)

Fridays via Zoom
**Except on 7/21, No V2V gathering

FIRST RESPONDERS (FIRST LINE)

Mon 7/10 via Zoom
Mon 7/24 @ Carmel

WOMEN GUARDIANS

Tue 7/25 via Zoom



RSVP

qrco.de/gc-site



GUARDIAN CONNECT

G-CONNECT EXPERIENCES

HARMONY HORSEMANSHIP

Sadly we had to cancel this Sunday. Please sign up for the August Event!

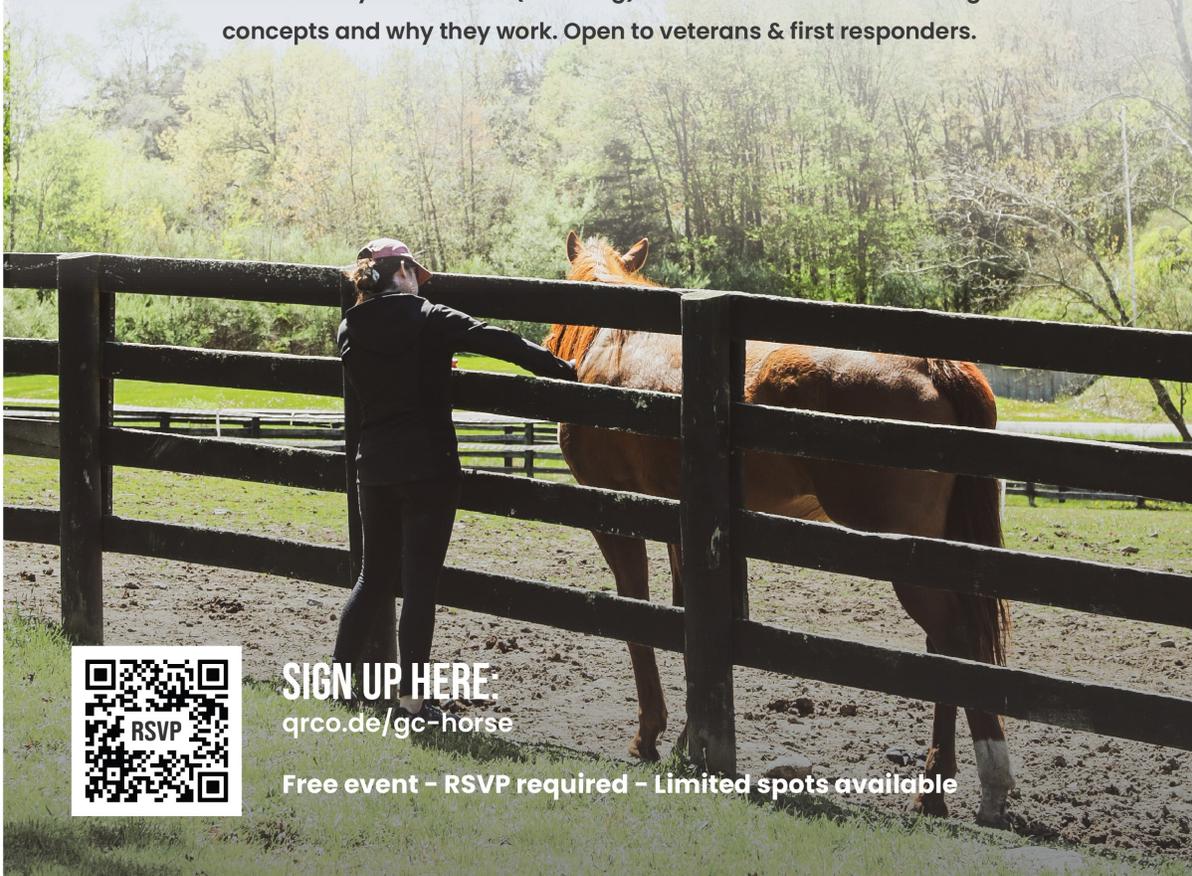
~~SUN JULY 16~~ & **SUN AUGUST 20**

9 am - 4 pm | BYO lunch

Lucky Orphans Horse Rescue | Dover Plains, NY

Harmony Horsemanship emphasizes a holistic & empathetic understanding of horses, their behavior, and their needs.

Work directly with horses (no riding) to learn basic skills & training concepts and why they work. Open to veterans & first responders.



SIGN UP HERE:
qrco.de/gc-horse

Free event - RSVP required - Limited spots available



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CAMPUS
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CARMEL, NY 10512
PHONE (845)808-1620 FAX (845)808-1940

KARL ROHDE, DIRECTOR
ART HANLEY, DEPUTY DIRECTOR





Therapeutic Horsemanship for Veterans and First Responders

Therapeutic Horsemanship for Veterans and First Responders: A program designed specifically for individuals with PTSD/ Trauma that builds self-awareness and the ability to recognize and process emotions. Through basic horsemanship techniques and the restorative power of horses, participants will discover the importance of being present and mindful. This program uses experiential learning to provide opportunities for healing and an increased sense of well-being allowing the horses to lead the way.

Dates:

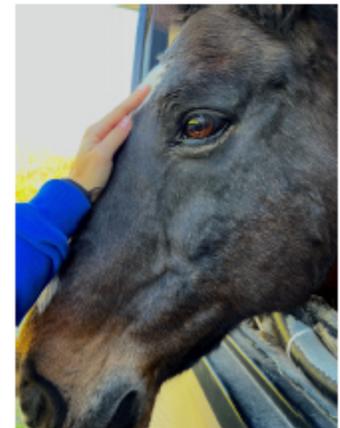
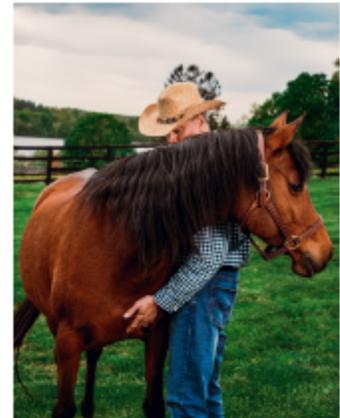
October 19, 26

November 2, 9, 16

10am-2pm

***No cost to participants**

To learn more please contact:
Valerie Parody
vparody@pegasustr.org



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Brewster NY 10509
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