

Apr 2025

Ready to improve your skills and start on your ideal career?

NYSDOL is offering FREE virtual workshops on resume writing, interviewing, transferable skills and more.

Sign up for a virtual workshop today!

NYSDOL STATEWIDE VIRTUAL WORKSHOPS

Monday	Tuesday	Wednesday	Thursday	Friday
	1 NYSDOL Training & Supportive Opportunities 11 am – 12 pm Resume Development 11 am – 12 pm Self- Motivation 1 pm – 2 pm	2 Transferable Skills 11 am – 12 pm Roadmap to Getting Hired 11 am – 12:30 pm Using Age to your Advantage 1 pm – 2 pm	3 Coping with Job Loss and Moving On 11 am – 12 pm NYSDOL Resources 101 1 pm – 2 pm Job Fair Preparation 1 pm – 2 pm	4 Chat with an Employment Counselor 1 pm – 2 pm
7 Job Search Strategies 11 am – 12 pm Communication Skills 1 pm – 2pm Building and Using your LinkedIn Profile 1 pm – 2:30 pm	8 Spanish: Roadmap to Getting Hired 11 am – 12 pm Interviewing Techniques 11 am – 12:30 pm Writing Effective Cover Letters 1 pm – 2 pm	9 An Overview of ACCES-VR Services 11 am – 12 pm SNAP Overview 1 pm – 2 pm Career Assessment & Exploration 1 pm – 2 pm	10 Civil Service 11 am – 12:30 pm Networking 1 pm – 2 pm Avoiding Job Scams 1 pm – 2 pm	11 Chat with an Employment Counselor 11 am – 12 pm
14 Time Management 11 am – 12 pm Worker Retention Services for Job Seekers with Disabilities 1 pm – 2 pm Coping with Job Loss and Moving On 1 pm – 2pm	15 Public Speaking 11 am – 12 pm SUNY UCAWD 11 am – 12 pm Resume Development 1 pm – 2 pm	16 Upskilling 11 am – 12 pm Second Chance Month 11 am – 12 pm Learn New Skills with Coursera 1 pm – 2 pm	17 Using Age to your Advantage 11 am – 12 pm SUNY Microcredentials 11 am – 12 pm Give Yourself Credit SUNY Empire Information Session 1 pm – 2 pm	18 Chat with an Employment Counselor 1 pm – 2 pm
21 Learning about Childcare Assistance Program 11 am – 12 pm Writing Effective Cover Letters 11 am – 12 pm Transferable Skills 1 pm – 2 pm	22 Veterans Services and Resources 11 am – 12 pm Building and Using your LinkedIn Profile 11 am – 12:30 pm Job Search Strategies 1 pm – 2 pm	23 Social Media Strategies 11 am – 12 pm Interviewing Techniques 1 pm – 2:30 pm Employment Incentives for Government Jobs: What Job Seekers with Disabilities Need to Know 1 pm – 2 pm	24 Career Assessment & Exploration 11 am – 12 pm Salary Negotiation 1 pm – 2 pm Advanced Resume Writing/Skills Based Resume Writing 1 pm – 2 pm	25 Chat with an Employment Counselor 11 am – 12 pm
28 Learn New Skills with Coursera 11 am – 12 pm Networking 11 am – 12 pm Civil Service 1 pm – 2:30 pm	29 The Power of Positivity 11 am – 12 pm Going to School to Get Back to Work 11 am – 12 pm Virtual Career Center 1 pm – 2 pm	30 Cannabis Employment & Education Development (CEED) Information Session 11 am – 12 pm Roadmap to Getting Hired 1 pm – 2:30 pm Managing Stress during the Job Search 1 pm – 2pm		

Pre-Registration Required!
Click on the name of the workshop to register <https://on.ny.gov/careercalendar>

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Department
of Labor