

Jul 2025

Ready to improve your skills and start on your ideal career?

NYSDOL is offering FREE virtual workshops on resume writing, interviewing, transferable skills and more.

Sign up for a virtual workshop today!

NYSDOL STATEWIDE VIRTUAL WORKSHOPS

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Resume Development 11 am – 12 pm Roadmap to Getting Hired 11 am – 12:30 pm Self-Motivation 1 pm – 2 pm	2 Job Fair Preparation 11 am – 12 pm NYSDOL Resources 101 1 pm – 2 pm Using Age to your Advantage 1 pm – 2 pm	3 Communication Skills 11 am – 12 pm Career Assessment & Exploration 1 pm – 2 pm	4
7 Networking 11 am – 12 pm Virtual Career Center 1 pm – 2 pm Interviewing Techniques 1 pm – 2:30 pm	8 Coping with Job Loss and Moving On 11 am – 12 pm Worker Retention Services for Job Seekers with Disabilities 1 pm – 2 pm Building and Using your LinkedIn Profile 1 pm – 2:30 pm	9 An Overview of ACCES-VR Services 11 am – 12 pm Job Search Strategies 11 am – 12 pm SNAP Overview 1 pm – 2 pm	10 SUNY Microcredentials 11 am – 12 pm Workforce Scheduler 11 am – 12 pm Civil Service 1 pm – 2:30 pm	11 Chat with an Employment Counselor 11 am – 12 pm
14 Learn New Skills with Coursera 11 am – 12 pm Learning about Childcare Assistance Program 11 am – 12 pm Apprenticeships and Justice-Involvement Individuals 1 pm – 2 pm	15 Veterans Services and Resources 11 am – 12 pm Salary Negotiation 11 am – 12 pm Resume Development 1 pm – 2 pm	16 Career Assessment & Exploration 11 am – 12 pm NYSDOL Training & Supportive Opportunities 1 pm – 2 pm Transferable Skills 1 pm – 2 pm	17 Using Age to your Advantage 11 am – 12 pm Writing Effective Cover Letters 1 pm – 2 pm Going to School to Get Back to Work 1 pm – 2 pm	18 Chat with an Employment Counselor 1 pm – 2 pm
21 Social Media Strategies 11 am – 12 pm Spanish: Resume Development 11 am – 12 pm Networking 1 pm – 2 pm	22 Interviewing Techniques 11 am – 12:30 pm SUNY UCAWD 1 pm – 2 pm Job Search Strategies 1 pm – 2 pm	23 Civil Service 11 am – 12:30 pm Coping with Job Loss and Moving On 1 pm – 2 pm Reasonable Accommodation: It's Easier Than You Think 1 pm – 2 pm	24 Public Speaking 11 am – 12 pm Give Yourself Credit: SUNY Empire Information Session 11 am – 12 pm Workforce Scheduler 1 pm – 2 pm	25 Chat with an Employment Counselor 11 am – 12 pm
28 Writing Effective Cover Letters 11 am – 12 pm Transferable Skills 11 am – 12 pm Upskilling 1 pm – 2 pm	29 Building and Using your LinkedIn Profile 11 am – 12:30 pm The Power of Positivity 11 am – 12 pm Skills Based Resume Writing 1 pm – 2 pm	30 Avoiding Job Scams 11 am – 12 pm Cannabis Employment & Education Development (CEED) Information Session 11 am – 12 pm Managing Stress during the Job Search 1 pm – 2 pm Taking your Future to the Next Level for Adult Learners 4 pm – 5 pm	31 Roadmap to Getting Hired 11 am – 12:30 pm Time Management 11 am – 12 pm Communication Skills 1 pm – 2 pm	

Pre-Registration Required!
Click on the name of the workshop to register <https://on.ny.gov/careercalendar>

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