

Nov 2025

Ready to improve your skills and start on your ideal career?

NYSDOL is offering FREE virtual workshops on resume writing, interviewing, transferable skills and more.

Sign up for a virtual workshop today!

NYSDOL STATEWIDE VIRTUAL WORKSHOPS

Monday	Tuesday	Wednesday	Thursday	Friday
3 Roadmap to Getting Hired 11 am – 12:30 pm NYSDOL Training & Supportive Opportunities 11 am – 12 pm Self-Motivation 1 pm – 2 pm	4 Transferable Skills 11 am – 12 pm Building and Using your LinkedIn Profile 1 pm – 2:30 pm Public Speaking 1 pm – 2 pm	5 Writing Effective Cover Letters 11 am – 12 pm SNAP Overview 11 am – 12 pm Interviewing Techniques 1 pm – 2:30 pm	6 Going to School to Get Back to Work 11 am – 12 pm Career Assessment & Exploration 1 pm – 2 pm Avoiding Job Scams 1 pm – 2 pm	7 Chat with an Employment Counselor 1 pm – 2 pm
10 Resume Development 11 am – 12 pm Coping with Job Loss and Moving On 1 pm – 2 pm Civil Service 1 pm – 2:30 pm	11	12 An Overview of ACCES-VR Services 11 am – 12 pm Networking 11 am – 12 pm Using Age to Your Advantage 1 pm – 2 pm	13 Virtual Career Center 11 am – 12 pm Job Search Strategies 11 am – 12 pm Interview Stream: Interview Prep Tool 1 pm – 2 pm	14 Chat with an Employment Counselor 11 am – 12 pm Salary Negotiation 1 pm – 2 pm
17 Overview of NYS Programs and Protections for Individuals with Justice Involvement Part 2 11 am – 12 pm Spanish: Job Search Strategies 11 am – 12 pm Learn New Skills with Coursera 1 pm – 2 pm Communication Skills 1 pm – 2 pm	18 SUNY UCAWD 11 am – 12 pm Veterans Services and Resources 11 am – 12 pm Time Management 1 pm – 2 pm	19 Skills Based Resume Writing 11 am – 12 pm Transferable Skills 1 pm – 2 pm An Overview of ACCES-VR Services 1 pm – 2 pm	20 Building and Using your LinkedIn Profile 11 am – 12:30 pm SUNY Microcredentials 11 am – 12 pm Worker Retention for Jobseekers with Disabilities 1 pm – 2 pm	21 Coping with Job Loss and Moving On 11 am – 12 pm Chat with an Employment Counselor 1 pm – 2 pm
24 Civil Service 11 am – 12:30 pm Interviewing Techniques 11 am – 12:30 pm Writing Effective Cover Letters 1 pm – 2 pm	25 The Power of Positivity 11 am – 12 pm Give Yourself Credit: SUNY Empire Information Session 11 am – 12 pm Resume Development 1 pm – 2 pm	26 Career Assessment & Exploration 11 am – 12 pm Cannabis Employment & Education Development (CEED) Information Session 11 am – 12 pm Managing Stress during the Job Search 1 pm – 2 pm	27	28

Pre-Registration Required!
Click on the name of the workshop to register <https://on.ny.gov/careercalendar>

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Department
of Labor