

Sep 2026

Ready to improve your skills and start on your ideal career?

NYS DOL is offering FREE virtual workshops on topics including resume writing, interviewing, transferable skills, and more. Sign-up for a virtual workshop today!

NYS DOL STATEWIDE VIRTUAL WORKSHOP SERIES

Monday	Tuesday	Wednesday	Thursday	Friday
31 Writing Effective Cover Letters 11 am – 12 pm Interview Stream: Interview Prep Tool 11 am – 12 pm Salary Negotiation 1 pm – 2 pm	1 Transferable Skills 11 am – 12 pm Self Motivation 1 pm – 2 pm Using Age to your Advantage 1 pm – 2 pm	2 SNAP Overview 11 am – 12 pm Social Media Strategies 11 am – 12 pm Communication Skills 1 pm – 2 pm	3 Advanced Resume 11 am – 12:30 pm Workforce Scheduler 1 pm – 2 pm Networking 1 pm – 2 pm	4 Chat with an Employment Counselor 1 pm – 2 pm
7	8 Resume Basics 11 am – 12 pm NYSDOL Training & Supportive Opportunities 11 am – 12 pm Job Search Strategies 1 pm – 2 pm	9 An Overview of ACCES-VR Services 11 am – 12 pm Coping with Job Loss and Moving On 11 am – 12 pm Civil Service 1 pm – 2:30 pm	10 Interviewing with Confidence 11 am – 12:30 pm Virtual Career Center 1 pm – 2 pm Career Assessment & Exploration 1 pm – 2 pm	11 Chat with an Employment Counselor 11 am – 12 pm
14 Networking 11 am – 12 pm Spanish: Job Search Strategies 11 am – 12 pm Transferable Skills 1 pm – 2 pm Building and Using your LinkedIn Profile 1 pm – 2:30 pm	15 Overview of NYSDOL Reentry Services/ Q+A with RES Staff 11 am – 12 pm Time Management 11 am – 12 pm Advanced Resume 1 pm – 2:30 pm	16 Writing Effective Cover Letters 11 am – 12 pm Managing Stress during the Job Search 11 am – 12 pm Learning about Childcare Assistance Program (CCAP) 1 pm – 2 pm	17 Using Age to your Advantage 11 am – 12 pm Veterans Services and Resources 11 am – 12 pm Transforming your Career through Education 1 pm – 2 pm	18 The Power of Positivity 11 am – 12 pm Chat with an Employment Counselor 1 pm – 2 pm
21 Civil Service 11 am – 12:30 pm NY.gov: How to Create and Maintain your Account 1 pm – 2 pm Coping with Job Loss and Moving On 1 pm – 2 pm	22 SUNY UCAWD 11 am – 12 pm Public Speaking 11 am – 12 pm Interviewing with Confidence 1 pm – 2:30 pm	23 Give Yourself Credit: SUNY Empire Information Session 11 am – 12 pm Resume Basics 1 pm – 2 pm An Overview of ACCES-VR Services 1 pm – 2 pm	24 Career Assessment & Exploration 11 am – 12 pm SUNY Microcredentials 1 pm – 2 pm Roadmap to Getting Hired 1 pm – 2:30 pm	25 Chat with an Employment Counselor 11 am – 12 pm
28 Learn New Skills with Coursera 11 am – 12 pm Job Search Strategies 11 am – 12 pm Skills Based Resume Writing 1 pm – 2 pm	29 Building and Using your LinkedIn Profile 11 am – 12:30 pm NYSDOL Resources 101 11 am – 12 pm Avoiding Job Scams 1 pm – 2 pm	30 Cannabis Employment & Education Development (CEED) Information Session 11 am – 12 pm Upskilling 11 am – 12 pm Writing Effective Cover Letters 1 pm – 2 pm	1 Networking 11 am – 12 pm InterviewStream: Interview Prep Tool 11 am – 12 pm Job Fairs: Tips for Success 1 pm – 2 pm	2 Salary Negotiation 11 am – 12 pm Chat with an Employment Counselor 1 pm – 2 pm

Pre-Registration Required!

Click the title of the workshop to register for or visit:

<https://on.ny.gov/careercalendar>

Auxiliary aids and services available upon request for individuals with disabilities.



**Department
of Labor**

WORKING FOR YOU